

Synchrony Practicum

Breakfast provided **7:30 – 8:30am**

Morning session **8:30am – 12:00pm**

Instructors

Roxana Sasu, RN

Evvy Shapero, MA

8:30 – 9:30 2 channel synchrony program
4 or 5 electrode setup
EEG synchrony – alpha (10 Hz) and gamma (40 Hz)
Demonstration and discussion

9:45 – 10:45 P3+P4 10 Hz synchrony sessions

11:00 – 12:00 Small group discussion of results

Lunch **12:00 – 1:00pm**

Afternoon session **1:00 – 4:30pm**

1:00 – 2:00 Combination sensor and peripheral measures
Demonstration and discussion

2:15 – 3:15 P3+P4 40 Hz synchrony sessions with combination sensor

3:30 – 4:30 Small group discussion of results

Synchrony Practicum Learning Objectives:

Upon completion of this course you should be able to:

1. Describe auditory, visual and tactile feedback components of 2 channel synchrony application.
2. Explain rationale for 10 Hz synchrony at P3+P4.
3. Demonstrate 3 and 5 electrode setup options for 2 channel synchrony application.
4. Describe when and how to adjust synchrony reward frequency for best effect.
5. List 3 physiological measures and what they might indicate during a synchrony session.
6. Compare effects of 10 Hz and 40 Hz synchrony sessions.

Cancellation/Refund Policy: Cancellations must be received 10 days prior to the workshop. Cancellations made within the 10-day period will be subject to a \$200.00 course materials and processing fee. If you cannot attend, a qualified substitute may attend in your place or you can choose to attend one of the other scheduled workshops. EEG Info reserves the right to cancel any event with due cause; a full refund will be issued for any registration fees or deposits paid. Attendees are also allowed to transfer to a future course. **Contact Information:** To cancel your registration, sign up for a different workshop or have questions regarding this course, call EEG Info at 866.334.7878. **Information for Special Needs Participants:** This program will be accessible to individuals with disabilities, according to requirements of the Americans with Disabilities Act. Please contact EEG Info if you need further information or if you have requests for special needs participants. **Psychologists:** This course is co-sponsored by Amedco and EEG Info. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 7 CE hours. **MFTs and/or LCSWs:** The course meets the qualifications for 7 CE hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences; provider #3628. **Nurses:** Provider approved by the California Board of Registered Nursing, provider number 15652 for 7 contact hours. **Satisfactory Completion:** Participants must have paid tuition fee, signed in and out each day, attended the entire seminar, and completed an evaluation, in order to receive a certificate of completion/attendance. Certificates will be sent after the seminar.